



in conjunction with
Lions Club of Clacton on Sea



IT'S FREE!

MEN'S HEALTH CHECK DAY

Friday 5th October 2018

10 am to 4 pm

Heart
Disease
Checks*

Aortic
Aneurysm
Screening

Prostate
Cancer
Screening**

* NHS Health Checks are for men aged 40-74 who are not already on treatment for a heart condition, blood pressure or high cholesterol, kidney disease or diabetes. You are also not eligible if you have already had an NHS Health Check within the last 5 years.

** Prostate tests are for men aged 40 plus. Prostate Cancer Screening is strongly recommended for men of black African and Caribbean heritage and men with a family history of prostate cancer or breast cancer who are thus at considerably higher risk from prostate cancer.

**Community Voluntary Services Tendring
20-22 Rosemary Road, Clacton on Sea, CO15 1NZ**

Funded by the Lions Club of Clacton on Sea but
Voluntary Donations gratefully received

Pre-Book an appointment online at www.chaps.uk.com/bookings
or contact: trish.binks@chaps.uk.com or phone: 07734 747854

Bookings can be made from 7th September

Walk-in Appointments will be available from 2 – 3.30 pm